



## State Interagency Council for Services and Supports to Children and Transition-age Youth (SIAC)



### A Word from SIAC Chair Ivy Alexander

Think about the last time you received care or service from someone. Did your voice drive the conversation? Were the recommendations attainable within your community? Were they culturally aligned? Did the individual providing the service acknowledge the role that trauma may have played in your life? Now think about the last time you provided child/youth-based services. Did you consider these elements? The State Interagency Council for Services and Supports to Children and Transition-age Youth (SIAC) believes that these practices are core to a good system of care – youth and family driven, community based, culturally and linguistically responsive, and trauma informed.

**SIAC's Mission: Promoting healthy children and transition-age youth across Kentucky: Building a collaborative system of care to promote children's and transition-age youth's social, emotional, and behavioral well-being where they live, learn, work, and play.**



### The Meaning of Lived Experience

Lived experience is a type of unique, person-centered knowledge which can help to present important, and often missing, insight within the System of Care landscape.

### Lived Experience Spotlight

Hello, my name is Adrienne Fedrick, and I am the Parent Representative on the Jefferson County Regional Interagency Council (RIAC) and I live in Louisville, Ky. I am the mother of a child who lives with a disability, and I am here to put a real face on the issues that affect families and youth and to help fight the stigma that stops people from getting help.

SIAC's mission to promote healthy children and transition-age youth across Kentucky is accomplished by building a collaborative system of care that promotes children's and transition-age youth's social, emotional, and behavioral well-being where they live, learn, work, and play. The collaboration begins with SIAC membership, which consists of a parent, a youth, and representatives from 14 child-serving agencies and organizations in Kentucky. These individuals and organizations, identified in regulation (KRS 200.501 to 509), come together monthly to plan and develop supportive solutions – with the goal of positively influencing the system of care in Kentucky. Each member agency holds the chair position for two years. I currently have the honor of being in this role.

In order for SIAC to accomplish goals, we identify standing committees to move our work forward. Anyone can join a standing committee (thus increasing collaboration). Currently, SIAC's four standing committees are Disabilities, Outreach and Promotion, Racial and Ethnic Disparities, and Social and Emotional Health and Wellbeing. This newsletter comes to us from the Outreach and Promotion standing committee. We anticipate that this newsletter will increase your understanding of SIAC and will provide information that will allow you to incorporate system of care guiding principles into your work. This will ultimately result in a system of care that allows Kentucky's children and their families to function better at home, in school, in their community, and throughout their lifetime. Enjoy the first edition!

Ivanora Alexander, SIAC Chair  
Executive Director, Office for Children with  
Special Health Care Needs  
Cabinet for Health and Family Services  
[chfs.ky.gov/agencies/CCSHCN](https://chfs.ky.gov/agencies/CCSHCN)

During some of my family's toughest times, it was hard for us to stay in services because everything felt overwhelming. We were in and out of counseling, had no transportation, had issues with insurance, and it felt like no one understood what we were going through and that I didn't have a voice. What also made it tough was that I was handling my own mental illness at the time too.

It took some time, but we found what helped our family, like case management to help with insurance and a therapist who was able to come to our house when we didn't have a car. My child was introduced to other youth in the community, and it helped build her self-esteem and confidence. Today, I try to help other parents find resources in the community and feel I am able to advocate for not only my family but for many families in the community. My goal is to give a voice to others who hide due to stigma. I hope my voice can help give voice to others. Thank you!

Adrienne Fedrick, Jefferson County RIAC Parent Representative

*"Life is a succession of lessons which must be lived to be understood."*

*Helen Keller*

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## ***Submit an Agency Spotlight to share initiatives and information by completing an [Agency Spotlight Form](#)***

For more information or assistance with the form, please contact [Joy.Varney@ky.gov](mailto:Joy.Varney@ky.gov)

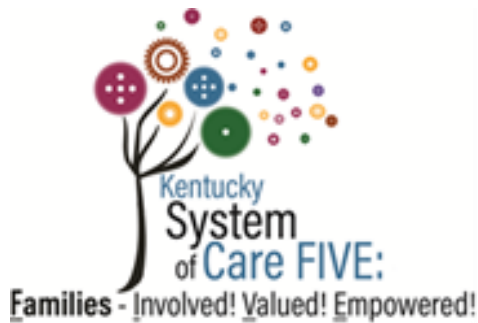
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## **Upcoming 2021 SIAC Meetings**

**10:00 a.m. – 12:00 p.m. EST**

- **October 27 \*Commissioner-level**
  - **November 17**
  - **December 15**
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## Agency Spotlight



### **System of Care FIVE (Families - Involved! Valued! Empowered!)**

#### **Department for Behavioral Health, Developmental & Intellectual Disabilities, Children's Behavioral Health and Recovery Services Branch**

SOC FIVE has begun implementation into its second cohort. Each cohort consists of two DCBS Service Regions; Cohort One includes Two Rivers and The Cumberland Service Regions, and Cohort Two includes The Lakes and Salt river Trail Service Regions. The overarching mission of Kentucky's System of Care (SOC) FIVE is to improve behavioral health outcomes for children and youth (birth to age 21) who meet criteria for having a serious emotional disability (SED) and their families and who have child welfare involvement and for whom DCBS does not have custody.

#### **Three broad goals support this mission:**

**Goal 1:** Enhance interagency infrastructure to support the implementation, expansion, and integration of the System of Care approach for the population of focus.

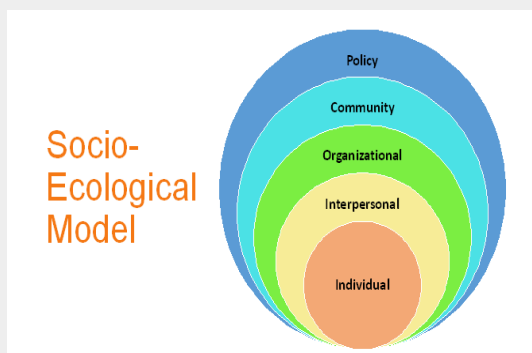
**Goal 2:** Improve availability of and access to high quality, culturally- and linguistically-competent, evidence-based/evidence-informed (EB/EI) mental health services for the population of focus in the geographic catchments.

**Goal 3:** Implement strategies to promote and sustain the voice of children, youth, and their families with child welfare involvement at all levels of the system of care.

SOC FIVE also strives to integrate family- and youth- driven practices by increasing outreach and engagement strategies for birth, foster and adoptive parents and relative and fictive kin through the statewide family network

organization, hosting joint projects between Youth MOVE and Voices of the Commonwealth to improve youth voice and increasing availability of and access to peer support services to families and youth with child welfare involvement.

*For more information about SOC FIVE, contact [DeeDee.Ward@ky.gov](mailto:DeeDee.Ward@ky.gov).*



## Socio-Ecological Model

SIAC Standing Committees are using the Socio-Ecological Model (SEM) to implement and operationalize SIAC's strategic plan. The decision to use a common framework across all standing committees is a way to ensure that the work remains connected to the strategic plan goals, and that the work across committees is aligned, congruent, and connected when appropriate. Standing Committees have identified action steps within the three innermost circles: Individual (Standing Committee), Relational (Relationship to other Standing Committees), and Organizational (SIAC). As they continue to make progress, they will move into the Community (Kentucky's child-serving community) and Policy (statute and regulation) levels.

## Note from the Racial & Ethnic Disparities (RED) Standing Committee:

The RED Standing Committee is looking for representation from all organizations involved in SIAC. Our goal is to have an intentional discussion about all of the RED work that is going on system-wide. We are looking for at least one (we welcome more) representative from every organization to be part of our committee as we continue to try and build the conversation about the work in the system of care around racial and ethnic disparities.

Contact [Dominiqueclark@kycourts.net](mailto:Dominiqueclark@kycourts.net) for more information.



## SIAC Standing Committees

### Disabilities

Chair: Rhonda Logsdon | Staff: Chasiti Dowdy  
[Rhonda@kyspin.com](mailto:Rhonda@kyspin.com)  
[ChasitiDowdy@kycourts.net](mailto:ChasitiDowdy@kycourts.net)

### Racial and Ethnic Disparities

Chair: Edward L. Palmer, Sr. | Staff: Dominique Clark  
[Pastorelpalmer@hotmail.com](mailto:Pastorelpalmer@hotmail.com)  
[Dominiqueclark@kycourts.net](mailto:Dominiqueclark@kycourts.net)

### Outreach and Promotion

Chair: Kate Overberg Wagoner | Staff: Joy Varney  
[Kate.Wagoner@ky.gov](mailto:Kate.Wagoner@ky.gov)  
[Joy.Varney@ky.gov](mailto:Joy.Varney@ky.gov)

### Social and Emotional Health and Wellbeing

Chair: Christina Weeter | Staff: Vestena Robbins  
[Christina.Weeter@education.ky.gov](mailto:Christina.Weeter@education.ky.gov)  
[Vestena.Robbins@ky.gov](mailto:Vestena.Robbins@ky.gov)

## Join a Standing Committee! They are open for all.

For more information on the State Interagency Council, SIAC Standing Committees, or SIAC virtual meeting links, please contact [Lea.Taylor@ky.gov](mailto:Lea.Taylor@ky.gov)

## RIAC Learning Series: First Friday of Each Month

Monthly training & information-sharing opportunities to support the work of RIACs and regional System of Care efforts



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### October 1st at 10 am EST: Using Focus Groups to Guide Community Change

Presenters: Liz Moreland, LRC of Bluegrass East, South, West RIACs, and Tonya Johnson and Angela Bush, TAYLRD

[Register Here](#)

### November 5th at 10 am EST: Youth Engagement

Presenters: Jesse Dillow & Felicity Kruger, KPFC

[Register Here](#)

### December 3rd at 10 am EST: Using Data to Develop & Support the Action Plan

Presenters: TBA

[Register Here](#)

To access past Learning Series, please visit the following [Past RIAC Learning Series Topics](#)

For more information, contact [VanessaC.Brewer@ky.gov](mailto:VanessaC.Brewer@ky.gov)

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